Vertical dynamics of a horizontally oscillating active object in a two-dimensional granular medium

Ling Huang* and Xianwen Ran[†]
College of Science, National University of Defense Technology, Changsha 410073, China

Raphael Blumenfeld[‡]

College of Science, National University of Defense Technology, Changsha 410073, China;
Imperial College London, London SW7 2AZ, United Kingdom;
and Cavendish Laboratory, Cambridge University, JJ Thomson Avenue, Cambridge CB3 0HE, United Kingdom
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We use a discrete-element method simulation and analytical considerations to study the dynamics of a self-energized object, modeled as a disk, oscillating horizontally within a two-dimensional bed of denser and smaller particles. We find that, for given material parameters, the immersed object (IO) may rise, sink, or not change depth, depending on the oscillation amplitude and frequency, as well as on the initial depth. With time, the IO settles at a specific depth that depends on the oscillation parameters. We construct a phase diagram of this behavior in the oscillation frequency and velocity amplitude variable space. We explain the observed rich behavior by two competing effects: climbing on particles, which fill voids opening under the disk, and sinking due to bed fluidization. We present a cavity model that allows us to derive analytically general results, which agree very well with the observations and explain quantitatively the phase diagram. Our specific analytical results are the following. (i) Derivation of a critical frequency, f_c , above which the IO cannot float up against gravity. We show that this frequency depends only on the gravitational acceleration and the IO size. (ii) Derivation of a minimal amplitude, A_{\min} , below which the IO cannot rise even if the frequency is below f_c . We show that this amplitude also depends only on the gravitational acceleration and the IO size. (iii) Derivation of a critical value, g_c , of the IO's acceleration amplitude, below which the IO cannot sink. We show that the value of g_c depends on the characteristics of both the IO and the granular bed, as well as on the initial IO's depth.

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I. INTRODUCTION

The organization dynamics of granular matter (GM) is key to understanding many essential industrial processes, such as sorting, stirring [1–4], and transport [5,6]. It is also the basis for modeling segregation and pattern formation in GM comprising particles of different characteristics [7–10]. Due to the complexity of granular dynamics, it is useful to reduce the problem, in the first instance, to the dynamics of a large object immersed in a medium of smaller particles, driven by a simple periodic oscillation. Such dynamics are relevant to a number of applications and have been studied in several contexts: impact cratering and penetration of objects into GM [11–15], the Brazil nut effect [7–9], uplifting of pipes [16], and animal locomotion in sand [17–19].

A range of models has been proposed in these contexts, in particular for the rise of objects driven horizontally and "plowing" through GM [20,21], as well as for the lift forces on such immersed objects (IOs) [1,3,22–26]. Numerical and experimental observations report a complicated dependence of these forces on the driving velocities and the depth of the IO. Consequently, there is currently no general theory for this phenomenon and existing models are mainly phenomenological. In particular, it is unclear what determines whether a large IO would rise or sink under different types of driving processes. In comparison to the development of

understanding of conventional fluids, where rise is dominated straightforwardly by the density difference between the IO and the fluid, the current state of modeling of this phenomenon in granular fluids is pre-Archimedean and in urgent need of a Eureka. This paper is a step towards such a Eureka.

In many experiments IOs are driven mechanically by strings or rods, but this interferes with the natural granular structure around the IO. For example, even if the IO is pulled by an infinitely thin string, the string imposes an artificial linear void space in the moving direction, whose effect on the drag force need not be negligible. This effect, which is often ignored in the interpretation of the experimental results, must be taken into consideration. Recognizing this problem is essential in studies aiming to understand the physical mechanisms behind limbless locomotion of active matter, such as "sand swimmers," i.e., animals that exhibit locomotion in sand [18,19,27–29]. Such studies must not only involve nonmechanical driving mechanisms but also model the IO as having an internal energy source. The aim in this paper is to study such active objects.

To this end, we first construct a numerical simulation of a self-energized IO in two dimensions (2D), driving itself periodically in the horizontal direction. We use the simulation to study the effect of the horizontal driving on the IO's vertical dynamics. We find that whether the IO rises or sinks depends nontrivially on the amplitude and frequency of the periodic oscillation and we propose an intuitive "cavity model" to understand this behavior. This minimal model is based on two competing mechanisms: accumulation of small particles under the IO, which effect rising, and fluidization of the particle bed below the IO, which leads to sinking. Using the cavity model,

^{*}walter250034@yahoo.com

[†]ranxianwen@163.com

[‡]rbb11@cam.ac.uk

we make the following quantitative predictions: (i) the IO can rise only if the frequency is below a critical frequency, f_c ; (ii) the IO cannot rise if the amplitude is below a minimal value, A_{\min} , even if the frequency is below f_c ; (iii) the IO cannot sink if the acceleration amplitude is below a critical value, g_c . These quantities are derived explicitly in terms of the IO and bed particle characteristics and are found to agree excellently with the numerical results.

The structure of this paper is the following. In Sec. II, we describe the system and the simulation procedure. In Sec. III we present the raw simulations results. In Sec. IV, we present our cavity model and make quantitative predictions concerning regions in the amplitude-frequency phase diagram, where the IO cannot rise or sink. We conclude in Sec. V with a discussion of the results and suggested future work.

II. SIMULATION PROCEDURE AND PARAMETERS

The simulated 2D system, sketched in Fig. 1, is a rectangular container of width 200l, filled with 20 000 disks, whose diameters are distributed uniformly between 0.8l and 1.2l, such that the mean diameter is $\bar{d} = 1l$. For reference, we take l = 0.01 m and measure all lengths in terms of \bar{d} , in the following. The disks are chosen to emulate glass disks of a unit thickness and of density 2500 Kg/m³, giving $m \approx 1.308 \times 10^{-3}$ Kg. The system also consists of one IO of diameter $D = 6\bar{d}$, representing a hollow glass disk of average density 10^3 Kg/m³, which gives it a mass M = 0.113 Kg.

An initial simulation brings the disks to mechanical equilibrium in a gravitational field $g = 9.81 \text{ m/s}^2$, resulting in an assembly of average height $85\bar{d}$. The system is deemed to have reached static equilibrium when the total kinetic energy per particle gets below 10^{-15} J. We made sure that, after equilibration, the IO rests sufficiently away from the system's boundaries, at a depth of $h_0 \approx (37 \pm 0.5)\bar{d}$. This is the initial condition for all our dynamic simulations. Different initial depths are not expected to affect the dynamics, as long as the IO is sufficiently far from the top or bottom of the assembly.

We use the contact force model of Brilliantov et al. [30], described briefly in the following. Given two particles of

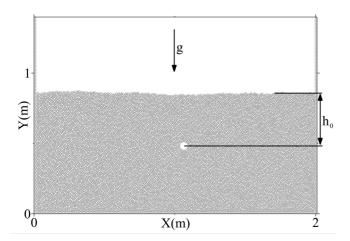


FIG. 1. The 2D simulation system: a large particle (white circle), of diameter D, is immersed at an initial depth h_0 and it oscillates horizontally at a velocity $v = A \sin(2\pi f t)$.

diameters d_i and d_j , moving at velocities \vec{v}_i and \vec{v}_j and separated by a center-to-center distance of r_{ij} , their overlap distance is defined as $\delta_{ij} = \frac{d_i + d_j}{2} - r_{ij}$. The interparticle normal force is

$$F_{ij} = \begin{cases} 0, & \delta_{ij} < 0\\ k_{ij} \delta_{ij}^{3/2} - a k_{ij} \delta_{ij}^{1/2} v_n^{\text{rel}}, & \delta_{ij} \geqslant 0. \end{cases}$$
(1)

Here v_n^{rel} is their relative velocity's component parallel to r_{ij} , $k_{ij} = E\sqrt{2d_{\rm eff}}/[3(1-\nu^2)]$ is often named "hardness," E is Young's modulus, ν is Poisson's ratio, $d_{\text{eff}} \equiv d_i d_j / (d_i + d_j)$, γ_t is the viscosity drag, and μ the solid friction coefficient. These parameters are chosen to mimic three-dimensional glass disks [3]: $\nu = 0.45$, $\gamma_t = 10$ Ns/m, $\mu = 0.3$ between bed disks, and $\mu = 0.4$ between the IO and a bed disk. Using the derivation in [31], of the velocity dependence of the restitution coefficient, we find that it varies by less than 0.3% over the range of velocities involved in our simulations, 0.1 m/s ≤ $v \leq 4.0$ m/s. Consequently, the restitution coefficient can be safely taken to be constant. The parameter $a = 1.5 \times 10^{-6}$ s is then determined by fitting the restitution coefficient in a simulation of a disk bouncing on a hard surface, to a value of 0.8, which is the typical value for glass beads found in a number of experiments [3,32]. Young's modulus was set at E = 5 MPa, which is lower than the physical value of a few tens of GPa. The reason for that is that a simulation with a more realistic value would require a time step that is 1000–10000 times smaller than the one we could use. Indeed, this is the reason that most works in the literature use E = 5 MPa, e.g., [3,26]. To test that this reduced value does not introduce undesired elastic effects, we ran a series of long simulations on 0.3 Kg disks of different Young's moduli, E = 5 and 100 MPa and E = 70GPa, moving horizontally at 1 m/s within the granular bed. The vertical rise of the disks at the end of the runs were within the range $(3.0 \pm 0.4)10^{-2}$ m, while the fluctuations of the rise within each run were much higher, up to $\pm 0.8 \ 10^{-2}$ m (Fig. 2). Moreover, the fluctuations are nonsystematic in that different disks rose more than the others at different times. This established that any elastic error is negligible. The tangential force is

$$F_t = -\operatorname{sgn}\{v_n^{\text{rel}}\}\operatorname{min}(\gamma_t | v_t^{\text{rel}}|, \mu F_n), \tag{2}$$

where $\vec{v}_t^{\rm rel} = \vec{v}^{\rm rel} - \vec{v}_n^{\rm rel} + d_j \vec{\phi}_i / 2 - d_j \vec{\phi}_j / 2$ and ϕ_k is the angular velocity of the *k*th particle, defined positive in the anticlockwise direction (in 2D it is always normal to \vec{r}_{ij}).

Starting from the equilibrated initial state, the IO is oscillated horizontally at velocity $v_x(t) = A \sin(2\pi f t)$ and its dynamics are simulated using the Gear algorithm [33,34] with a time step of $\delta t = 10^{-6}$ s. We ran a series of discrete-element method simulations, each for 10^7 time steps (=10 s), for a range of values: $0.1 \text{ m/s} \leqslant A \leqslant 4.0 \text{ m/s}$ and $1 \text{ Hz} \leqslant f \leqslant 20 \text{ Hz}$. In each run we monitored the dynamics of the IO and, in particular, we measured its vertical rise at each time step. In the following, negative rise corresponds to sinking in the direction of gravity and vice versa.

III. SIMULATION RESULTS

For every pair of values, A and f, we measured the height of the IO, as a function of time. We observed the following features: the rise rate, $v_v = d(\Delta Y)/dt$, can be either positive

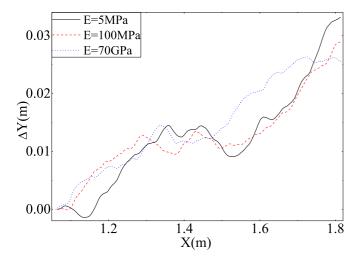


FIG. 2. The vertical rise of disks of mass 0.3 Kg, moving at a horizontal speed of 1 m/s within the granular bed, for three values of Young's modulus: E=5 and 100 MPa and E=70 GPa. The vertical rise of the disks at the end of the runs are similar, $(3.0\pm0.4)10^{-2}$ m, which is lower than the fluctuations during the rise process—up to $\pm0.8\,10^{-2}$ m. Note that the fluctuations are nonsystematic—different disks rise faster at different times. This establishes that, within this range, the behavior is not sensitive to Young's modulus and we can use E=5 MPa in our simulations.

or negative, it depends sensitively on the oscillation amplitude and frequency, it is not constant, and the IO eventually settles at a specific depth level, ΔY_{∞} , which we will denote simply ΔY , for brevity, except where confusion may arise. These phenomena are illustrated in Figs. 3 and 4, where examples of two opposite rise rates are shown. In Fig. 5, we show two examples of rise processes for amplitudes 2 m/s and 4 m/s and all frequencies. The initial rise rates, i.e., before any settling time, for all the cases, is shown in Fig. 6 (top left and bottom left).

The value of the final settling depth was also found to depend sensitively on the oscillation parameters, A and f. This is illustrated in Figs. 5 and 6 (top and bottom right), which give the final depths for all frequencies as a function of A and for all amplitudes as a function of f. Unfortunately, we could not use all the data for analyzing the final settling. Some of the rise rates were too high, such that the IO reached the top surface of the medium during the simulation. The fastest this happened was after 1.5×10^6 time steps, corresponding to t = 1.5 s. Additionally, in some cases, the IO rose or sank too slowly to settle into a final depth before the end of the simulation. These were excluded from the relevant analyses of the final depth, to be discussed below.

In Fig. 6, we show the initial rise rates and the final depths, which the IO settles into, as functions of the frequency, for all amplitudes. Again, the latter excludes the cases when the IO either reached the surface or did not settle before the simulation ended. The data reveal several systematic features: (i) the IO never sinks for oscillations with amplitudes $A \le 1$ m/s, regardless of frequency; (ii) the IO always rises for oscillations with frequencies $f \le 10$ Hz, except when the amplitude is below a minimal value of 1 m/s; and (iii) when the IO sinks, for A > 1 m/s and f > 10 Hz, this is always associated with

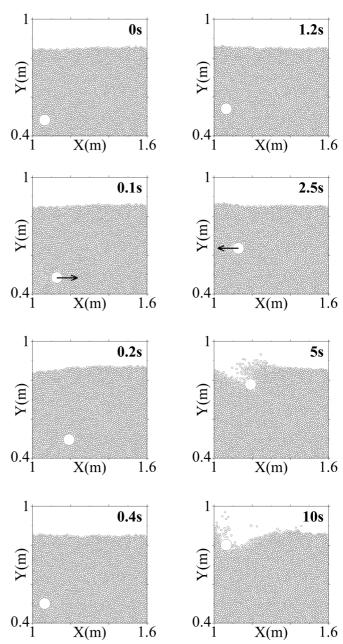


FIG. 3. An illustration of a rise process: A = 1 m/s and f = 2.5 Hz. Only the relevant part of the system is shown.

the formation of a large cavity in the wake of the IO's horizontal motion, already within the first oscillation period.

From Fig. 5, we see that if the IO started rising initially, then it continues rising and vice versa. Therefore, we plot in Fig. 7 a phase diagram of the initial rise, in the phase space of A and f. This phase diagram follows closely the phase diagram of the final depth. As can be observed, the behavior is quite rich. Nevertheless, it can be understood quantitatively, as we show in the next section.

IV. THEORY: THE CAVITY MODEL

We propose that two main competing physical mechanisms govern the vertical rise. One is the climb of the IO on particles

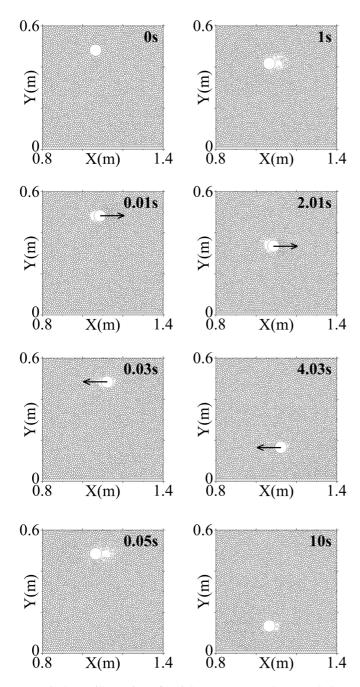


FIG. 4. An illustration of a sink process: A = 4 m/s and f = 20 Hz. Only the relevant part of the system is shown.

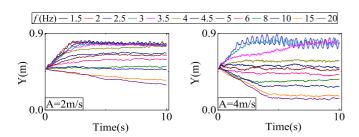


FIG. 5. Left: The rise, as a function of time, for amplitude 2 m/s and all frequencies. Right: The same for amplitude 4 m/s. The settling level at the top of the figures corresponds to the IO reaching the top surface.

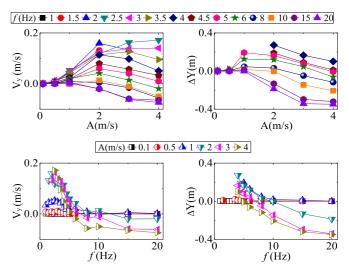


FIG. 6. Top left: the initial rise rate, plotted as a function of velocity amplitude, for all frequencies. Bottom left: the same, but as a function of frequency, for all velocity amplitudes. Top right: the settling depth, as a function of velocity amplitude, for all frequencies, excluding the cases when the IO either reached the top surface or did not settle before the simulation ended. Bottom right: the same processes as top right, but as a function of frequency, for all velocity amplitudes.

that accumulate at the bottom of the void, left in its wake. As it moves through one stroke of the oscillation, the IO leaves behind a cavity, which may fill with particles before it returns at the next stroke. The IO then has to "climb" on top of these particles. The second mechanism involves fluidization of the granular bed, which supports the IO, causing it to sink through it. Thus, the key to understanding the rich behavior of the IO is in capturing the effects of these mechanisms and how they depend on the parameters of the bed, the characteristics of the IO, and the periodic oscillation frequency and amplitude.

Starting with the cavity picture, we idealize it in 2D as shown in Fig. 8. During the half period of one stroke, T/2, the rise of the IO depends on the thickness of the layer of

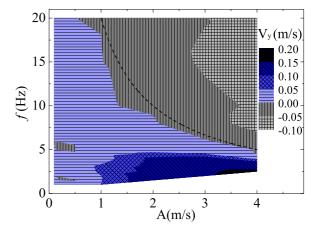


FIG. 7. The phase diagram of the IO rise rate for all frequencies, f, and velocity amplitudes, A. The dashed line is our prediction (see the theoretical section) of the phase boundary $g_c = (120 \pm 5) \text{ m/s}^2$, below which no sinking is possible.

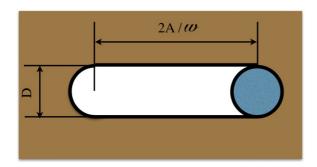


FIG. 8. The cavity model: as the IO moves to the right, it may leave behind a cavity, which may be filled by the surrounding particles, depending on A and f.

bed particles, which manage to accumulate on the base of the cavity before it returns. To estimate this number, we note that the number of particles forming one layer of the top of the cavity is approximately $(2A/\omega)/\bar{d}$. The time it takes one such layer to free-fall to the bottom of the cavity is about $\sqrt{2D/g}$, regardless of \bar{d} . Therefore, during one stroke of duration T/2, the total number of particles that fall into the cavity is, up to a numerical factor of order 1,

$$n_{\text{top}} = \frac{2A/\omega}{\bar{d}} \frac{T/2}{\sqrt{2D/g}}.$$
 (3)

Meanwhile, the particles forming the left wall of the cavity also avalanche into it. For simplicity, we assume that this contributes a similar number of particles, $n_{\rm av} + n_{\rm top} \approx \alpha n_{\rm top}$, with α a numerical factor of about 2. The thickness of the layer forming on the cavity base is then

$$W = \frac{(n_{\rm av} + n_{\rm top})\bar{d}}{2A/\omega}\bar{d} = \frac{\alpha}{2}\sqrt{\frac{g}{2D}}T\bar{d}.$$
 (4)

During this period, the IO rises by "wedging" on top of this layer [24], gaining a height of $W \tan \theta$. θ is the wedge angle, which we take to be about 45° here [24], and $\bar{d} \tan \theta$ is the rise over a one-particle-thick layer. With two strokes per period, the rise rate is then $v_{\rm rise} \approx \alpha \sqrt{g/2D}\bar{d} \tan \theta$.

Now, the IO would rise only if, during any one stroke, there accumulates a layer that is at least one particle thick. This translates into the condition $v_{\rm rise}T/2\geqslant \bar{d}\tan\theta$, which can be inverted to give

$$f \leqslant f_c = \frac{\alpha}{2} \sqrt{\frac{g}{2D}}.$$
 (5)

Taking $\alpha \approx 2$ and substituting for the IO size, which we use in our simulations, we find $f_c = 9.04$ Hz. This is in excellent agreement with the observation in Fig. 6 that the IO did not float up, for any choice of parameters, when the frequency was above ~ 10 Hz, regardless of the oscillation amplitude. The phase diagram, shown in Fig. 7, also shows clearly that no rise takes place for frequencies above f_c . Note that this critical frequency depends only on gravity and the characteristics of the IO, its size D and its shape-dependent wedging angle θ , and it is independent of the properties of the bed particles. In particular, the independence of \bar{d} is because it requires at least one layer of bed particles to fall into the cavity for the IO to rise at all and the thickness of this layer is immaterial

for this condition. Since the time it takes such layer to form depends only on the height of the cavity, D, and on gravity then f_c , which is determined by this time, also does not depend on \bar{d} . Note that the rise rate, $v_{\rm rise}$, does depend on \bar{d} . Relation (5) provides us with a dimensionless number, $\Gamma \equiv \sqrt{(2D/g)} f/(2\alpha)$, which is essentially the ratio between the time it takes to raise the cavity base by one particle thick layer and half the oscillation period.

The above assumes that particles do fall into the cavity, but this is not guaranteed. For the bed particles to fall at all and get below the IO, a cavity must form in the first place. This requires that, at some stage of the stroke, the IO velocity be higher than the velocity of the falling bed particle, such that they have time to reach the cavity base, as long as the frequency is lower than f_c . The maximal possible IO velocity is A and this condition translates to

$$A \geqslant A_{\min} \approx D/\sqrt{2D/g} = \sqrt{gD/2}.$$
 (6)

In other words, the IO cannot rise for velocity amplitudes below A_{\min} even if the above condition on the frequency is met. For our IO, we calculate $A_{\min} \approx 0.54$ m/s. This prediction is also in excellent agreement with the simulation results: for frequencies below f_c , the IO rises when A=1 m/s and there is no rise (nor is there any sink) for A=0.1 and 0.5 m/s. This can also be clearly seen on the left side of the phase diagram shown in Fig. 7. Interestingly, this bound is also independent of the bed particles properties. Relation (6) provides us with another dimensionless number, $\Omega \equiv \sqrt{2/gD}A$. Note that Ω has a straightforward interpretation: it is the ratio between the time it takes a bed particle to fall the height of the cavity, $\sqrt{2D/g}$, and the time it takes the IO to move its own diameter, D/A.

It should be noted that the amplitude and frequency required for rising are quite low, corresponding to IO motions that are slow relative to the time that it takes the bed particles to fall from the "top" and "side wall" into the space vacated by it. Consequently, it is difficult to observe a substantial cavity volume in the simulations in this range of parameters. Nevertheless, within the range of values identified above, the falling particles manage to reach below the depth of the center of the IO, thus causing it to climb over them on the return stroke.

Turning to the physics of the sinking, we hypothesize that the IO sinks because the particles supporting it are fluidized by the motion. To fluidize the particles at the cavity base, the IO must impact them with sufficient energy. The IO's kinetic power at time t is the product of the force it carries, $MA\omega \cos(\omega t)$, and its velocity $A \sin(\omega t)$. Integrating this power over two quarters of a period (keeping it positive, of course), gives exactly MA^2 , which is the kinetic energy that it imparts on the medium during one stroke. Only a fraction ϵ of this energy is spent on fluidising the cavity base particles and their neighbors; the rest goes to push other particles out of the way and to overcome dissipation. We postulate initiation of fluidization as the state in which individual cavity base particles move at least a distance comparable to their own size, \bar{d} . The IO moves a distance of $2A/\omega$ during one stroke, affecting $2A/(\omega \bar{d})$ base particles. Each such particle requires, on average, a force ϕ to move against friction with its neighbors. The total work required to move these particles a

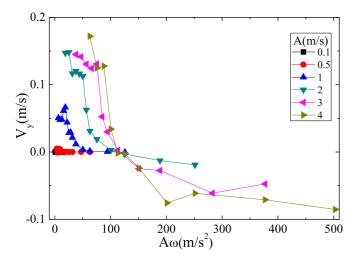


FIG. 9. The velocity as a function of $A\omega$ for all cases. Note that all plots converge at the point $(\Delta Y, A\omega) = (0, g_c)$, with $g_c = (120 \pm 5) \text{ m/s}^2$.

distance \bar{d} is then $U = 2A\phi/\omega$. The condition for fluidization is then $\epsilon MA^2 \geqslant U$, which can be written as

$$A\omega \geqslant \frac{2\phi}{\epsilon M}.\tag{7}$$

The right-hand side of this relation involves only material properties, while the left-hand side involves only our control parameters, This relation gives us a third dimensionless number, $\Lambda \equiv (2MA\omega)/(\epsilon\phi)$, which is essentially the ratio of the force generated by the IO's motion and the force required to mobilize a bed particle a distance comparable to its own size. An examination of the simulation results shows that, indeed, for all amplitudes and frequencies, sinking took place only when the value of $A\omega$ exceeded a critical value $g_c = (120 \pm 5) \text{ m/s}^2$.

This result also explains why the IO did not sink for amplitudes of 1 m/s and lower: the highest frequency we used was probably too low to fluidize the bed for such low amplitudes. This interpretation is also borne out by direct observations in the numerical simulations that sinking was always accompanied by large motion of the cavity base particles, lending support to this argument.

To substantiate this argument, we plot in Fig. 9 the mean value of v_y against $A\omega$ for $t \le 1.5$ s for all the amplitudes and frequencies. The plot shows clearly that sinking occurs only when $A\omega \ge g_c = (120 \pm 5) \text{ m/s}^2$; they all cross from rising to sinking at the point $(v_y, A\omega) = (0, g_c)$. Using then the measured value of g_c and approximating $\epsilon \approx 1/2$, we can use relation (7) to estimate the mean force required to fluidize a cavity base particle against the local friction at the initial level h_0 : $\phi(h_0) \approx 3N$.

Another way to support this result is by plotting the contour line $g_c=120~{\rm m/s^2}$ in the phase diagram, Fig. 7 (dashed black line). This line follows closely the phase boundary between rising and sinking. Equation (7) also shows that, unlike f_c and $A_{\rm min}$, the value of g_c depends on features of both the IO, through its mass, and the medium, through ϕ , which depends on the interparticle friction and the depth h.

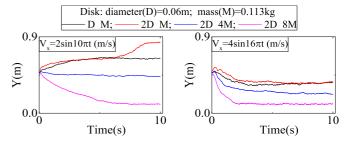


FIG. 10. The effects of the IO diameter and mass on the dynamics.

Finally, to test our results, we ran simulations, with different IO properties: $D \rightarrow 2D$ and $M \rightarrow 2M, 4M, 8M$, for two sets of parameters: (i) A=2 m/s and f=5 Hz and (ii) A=4 m/s and f=8 Hz. The different depth evolutions are shown in Fig. 10 and provide strong support of the analysis. Increasing the diameter to 2D is predicted by relation (5) to reduce f_c and indeed, in set (i), the IO rises (red line) above the original system (black line), for the same mass. In contrast, relation (7) predicts independence of the sink condition, $A\omega = g_c$ of D, and this is supported by case (ii), in which the systems are hardly distinguishable. Relation (7) also predicts that the sink condition is inversely proportional to the mass and, indeed, the dynamics in case (ii) show that the denser the IO the lower it sinks.

V. DISCUSSION AND CONCLUSIONS

To conclude, we studied, numerically and analytically, the vertical dynamics of a large, self-energized IO, oscillating horizontally in a granular bed. We showed that the IO may rise, sink, or remain at its initial depth, depending on the amplitude and frequency of the oscillation. We also showed that the IO settles eventually at a certain depth, unless it reaches the surface of the granular medium. This behavior leads to a rich phase diagram of the rise rate as a function of the oscillation amplitude and frequency. To explain and predict this behavior, we presented a number of theoretical considerations, based on a cavity model. The model allowed us to derive the following general explicit results. (i) An expression for the critical frequency, above which the IO cannot rise. This frequency depends only on the gravitational acceleration and the IO's size. (ii) An expression for the minimal velocity amplitude, required to initiate vertical rise, which also depends only on the gravitational acceleration and the IO's size. (iii) An expression for the critical acceleration amplitude, only above which the IO can sink. This critical acceleration was found to depend on characteristics of both the IO and the granular medium. These derivations gave quantitative predictions, all of which agreed very well with the simulation results. Further support of our analysis was provided by changing the IO diameter and mass, all of which agreed with the derived relations.

These results are useful to understand the sorting dynamics in granular materials, composed of largely similar size particles and a small fraction of larger ones, which is relevant to technological applications. They also have direct relevance to understanding some of the principles used by "sand swimmers"—animals that burrow and move in sand [17–19]:

they suggest that these animals can control the depth of their locomotion simply by varying the velocity and frequency of their body horizontal undulations.

This work can be extended in a number of directions. These include simulating larger systems, longer times, and more frequencies and amplitudes in order to be able to fill the rise rate phase diagram more accurately. This would also allow us to construct a phase diagram of the settling depth, which should be related qualitatively, but not necessarily quantitatively, to that of the rise rates. To test the expressions derived in this paper, further simulations should be run with different material parameters, including variable density, size, and shape of the IO, which our model, combined with research in the literature

[25], suggests should affect the rise rate. Another obligatory direction is theoretical: to construct an explicit equation of motion for the IO's vertical rise or sink. This will also allow one to predict the final depth, which the IO settles into. Finally, our setup is amenable to experimental testing and we are looking forward to seeing such experiments. In our group, we are working on the theoretical modeling, as well as on some of the numerical extensions.

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